



Nicole Martin

speaker · consultant · futurist · author



Nicole Martin, CEO

HRBoost, LLC.

Nicole Martin is an internationally renowned speaker, author, and CEO and Founder of HRBoost, LLC. Nicole is a dynamic and empowering consultative leader and futurist skilled in helping organizations meet their strategic objectives through their people.

In recognition of her complete commitment to professional excellence as well as her community, Nicole has been honored by multiple organizations and most recently as a 2016 Enterprising Women of the Year Champion by *Enterprising Women Magazine*, as one of *Mirror Review's* 20 Impeccable Women in Business in 2017, as a 2017 honoree of the Annual Awards for Business Excellence by the *Daily Herald Business Ledger*, and recognized as one of CIOLOOK magazine's "Successful Leaders in Tech, 2018."

As a highly regarded and sought after expert, her knowledge and advice have been featured in newspapers and magazines throughout the country. Recent publications in which she has been seen include Forbes.com, the *Daily Herald Business Ledger*, and *Fast Company*.

She is the author of the books, *The Talent Emergency*, *The Human Side of Profitability*, and *The Power of Joy and Purpose*. She is also the author of the chapter "Emotionally Speaking" in the new book, *Leading From The Heart*. In addition, Nicole is the host of the internet show, *HR in the Fast Lane*.

"Nicole's energy and enthusiasm for what she does is second to none!..."

- Melissa Lagowski / Big Buzz Idea Group

Daily Herald

International
Literary Award

Forbes
com

**enterprising
Women**
THE MAGAZINE FOR WOMEN BUSINESS OWNERS

Daily Herald The Business Resource for Suburban Chicago
BUSINESS LEDGER

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COMPANY**



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2021 Best Speaker Award

www.nicolemartin.live



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The Power of Joy and Purpose

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How are you feeling anyway?

Let's Get Real

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In order to effectively speak our emotions and gain rapport we must adapt our lens to how we view ourselves within the context of any exchange.

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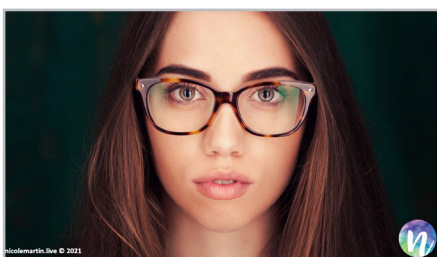
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At the minimum, you must ask yourself, how self-aware are you?

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"Any person capable of angering you becomes your master. He can anger you only when you permit yourself to be disturbed by him."
Epictetus

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Active Listening Skills

- Ask open-ended questions
- Request clarification
- Be attentive
- Summarize
- Paraphrase
- Reflect feelings
- Be attuned to feelings
- Ask probing questions

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Leaders must embrace shared leadership, value two-way communication and avoid expressing too much of their own sentiments when leading a team. Everyone is a leader, everyone must speak truth delivered with respect.

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Are you up to emotionally speaking?

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847.736.5575 | nmartin@hrboost.com

LinkedIn.com/nicolemartin

@HRBoostLLC

@HRBoostLLC

@nicolemartin.live

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Thank You

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